Week / Lesson 11 · From Loneliness toward Belonging

Zaburi / Psalm 68:4-6

Name (optional): _____ Date: _____

Distinguish loneliness from chosen solitude and choose one bridge toward safe belonging.

1 · See and listen

Read the whole passage and core article through the lesson link. Record God’s action or a key word in context.

2 · Understand

How can a place of welcome open without forcing intimacy? Christ’s grace builds a family with room, boundaries, and practical care.

3 · Discuss

How can a church make a place at the table for an excluded person?

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4 · Examine honestly

What stands between loneliness and safe belonging? Which respectful gesture could build a bridge?

5 · Practice one step

Midweek, send a greeting or brief request for conversation to a trusted person. Join one activity with respected boundaries where circumstances allow. Offer welcome without pressing for private details.

6 · Review graciously

Weekly check-in: practice attempted; obstacle; question; needed support; next step and date. No score is assigned to the worth of faith.

Prayer: God of belonging, let respectful welcome, boundaries, and patience create space for safe fellowship. Amen.