Week / Lesson 9 · Healthy Relationships

Wakolosai / Colossians 3:12-15

Name (optional): _____ Date: _____

Distinguish forgiveness, reconciliation, and trust; choose a respectful boundary.

1 · See and listen

Read the whole passage and core article through the lesson link. Record God’s action or a key word in context.

2 · Understand

How can love uphold dignity, truth, and safety together? God’s beloved people are called to compassionate love and wise boundaries.

3 · Discuss

How can a family welcome a new beginning without demanding immediate trust?

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4 · Examine honestly

Which relationship needs truth or a clear boundary? Which actions could gradually rebuild trust?

5 · Practice one step

Before a safe conversation, write an event, impact, need, and one request. Frame a boundary as protective conduct without a threat. If conversation is unsafe, arrange protective support or suitable counsel instead.

6 · Review graciously

Weekly check-in: practice attempted; obstacle; question; needed support; next step and date. No score is assigned to the worth of faith.

Prayer: God of love, let compassion and truth guide relationships; let wise boundaries uphold dignity and safety. Amen.